



BFA NEWS

BRIGHT FUTURES ACADEMY

THERE ARE SO MANY WAYS TO HELP OUR PLANET!

This is an exciting week at Bright Futures Academy! Who Will Stand Up For The Earth? Week celebrates our commitment as stewards of the environment! It is a great way for the families of our students to learn not only about what their children are discovering in their classes, but also ways to conserve resources, save money, and reduce the impact on the planet.

The EDU-Garden® News has a complete breakdown of the week's events, and here's a handy calendar of the days and their special messages.

In addition to these events, Dr. Edwin Riley, world-renowned stress reduction expert, and Brian Hetrich, the Greenhouse Manager for the Hippocrates Health Institute, will conduct a fun and educational hands-on project with Kindergarten students on Thursday, April 21. Students will learn what "living foods" are and plant their own healthy and nutritious sprouts.

The EDU-Garden® Harvest Day is going to be a blast! From 9AM-10AM Dr. Riley, yoga instructor Christina Pearce and our very own David

Suarez will discuss the BFA Mindfulness program. This is an important part of the morning routine at Bright Futures Academy, and serves an incalculably valuable role in reducing incidents of negative behaviors. We hope you will

join us to learn these techniques, and perhaps start your own mindful morning routine.

After that, Ms. Courtney and Dr. Riley will show off their skills in the kitchen, creating delicious, healthy green drinks to refresh and revitalize!

At 10 AM, there will

be all sorts of centers open for exploration! Kids (and their parents) can make an art project with Mrs. Fountain, learn yoga poses, help build a chicken roost, or just tour the garden! Ms. Chelimi will be discussing our impact on the environment, and Ms. Kendall and Ms. Pat will be cooking up some delicious lunch for all! Mr. Suarez and his students, along with Emmy Award winning special guest Ms. Cindy Hite will perform for all in attendance.

This EDU-Garden® Harvest Day is shaping up to be the best one Bright Futures Academy has ever had. You won't want to miss it!

| Day | Message |
|----------|---|
| April 18 | Meatless Monday |
| April 19 | Reduce, Reuse and Recycle Tuesday |
| April 20 | Water Awareness Wednesday |
| April 21 | Power Down Thursday |
| April 22 | Earth Day! Featuring the Procession of the Species! |
| April 23 | EDU-Garden® Harvest Day 9AM – 1PM |

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VOLUNTEER NEWS

A volunteer is needed to be next year's year-book manager. There will be several volunteer opportunities coming up! Watch this space for more information!

There are Tie Dye T Shirt Fundraisers coming up! On April 26 for K-4 and April 29 for 5-8. If you would like to assist, please contact Mrs. Tracy Romp at Tracy.Romp@brightfuturesacademy.com.

- 4/11 -30 FSA Testing Grades 4-8
- 4/18-22 Who Will Stand Up For The Earth ?Week
- 4/23 EDU-Garden Day
- 4/26 K-4 Tie Dye Fundraiser
- 4/29 5-8 Tie Dye Fundraiser
- 4/30 4th Grade St. Augustine Trip
- 5/13 K-4 Field Day
- 5/14 Live Like Jake 5K Run/Walk



Arts & Music



Christi J., 8th Grade



Shane P., 8th Grade



Angie D., 8th Grade



Haylie G., 8th Grade

During our studies of Medieval art, middle school artists designed and painted letters inspired by the illuminated manuscripts of the Middle Ages. Before the development of the printing press in the mid-15th century by Johannes Gutenberg, books were painstakingly and meticulously crafted by hand. Each and every letter was written in precise and neat detail made with a quill pen and handmade ink. Parchmenters (parchment makers), scribes (calligraphers), and illuminators (paintings and embellishments) all played an important role in the creation of these gilded and ornamental texts.

Students observed examples of these texts and designed the first letter of their first name in that style. They incorporated botanical imagery and learned the process of applying gold leaf to accent and illuminate their letter.

-Mrs. Fountain



Dear BFA Families,

We're excited to announce our participation in the 2nd Annual Live Like Jake 5K Run/Walk which takes place on May 14, 2016! Whether you're a runner or a walker, this is a fun event that raises proceeds for the Live Like Jake Foundation. The Foundation is a local, nonprofit 501c3 organization committed to funding scholarships for survival swim lessons, as well as providing financial support to families who have lost a loved one or have a child with critical care needs. Our team name is "Bright Futures Academy" and the elementary team with the most participants wins \$250! We are hoping to gather a team of BFA staff and families for a fun Saturday morning! Twenty team points will be given to each student who registers and one extra point for every family member or friend who registers with them!

If you haven't registered yet, you can register and join the team here: tinyurl.com/j5u8ppt

If you've already registered, you can join the team here: my/events.active.com

Don't want to run or walk the full 3.1 miles but would still like to participate? No problem! Click on the following link, choose the option that works for you, and click "Join A Team". Then select the "Bright Futures Academy" team!

tinyurl.com/hkaakfh You can also find more information at the event website: tinyurl.com/hecy3jb

Looking forward to having you join us!



EDU-Garden® News



Meatless Monday kicks off our Stand Up For the Earth calendar of events leading up to the EDU-Garden® Day on Saturday, April 23. The idea originated during World War 1 but has since been reintroduced (2003) by the Johns Hopkins Bloomberg School of Public Health. It is interesting to note that presently 36 countries around the world participate in this most environmentally conscious event and deciding to eliminate meat from your diet for only one day keeps a significant amount of carbon from entering the atmosphere!

Reduce, Reuse, Recycle is very familiar to most of us. Think Reduce first, though it seems a bit more difficult. Consider for instance, reducing your use of plastics so that we do not have to reuse them, or even recycle them because if you think about that, you realize that sooner or later they just come around again and the cycle continues. Use glass water bottles, water tastes better out of glass. Even a metal bottle is better for the environment. Use paper bags from the grocery and remember to recycle, or those reusable bags made from paper. It's the little things that matter.

Water Awareness Wednesday. Water is often taken for granted because here in Florida, it appears we have plenty, not so in most of the world. Turn off the water when you brush your teeth. Try to trim minutes off your morning shower and put a bucket in the shower to catch the water that just runs



while the water heats, especially important in hurricane times. Turn off your yard sprinklers if you can, especially when we have those stretches of rainy days.

On to Power Down Thursday; turn off those lights when you leave a room, ceiling fans too, if no one is in the room; computers and printers, when not in use. Remember also that it takes fuel of some kind to generate the electricity made in those "power" plants. Speaking of fuel, most of us who live where drawbridges impact our travel, know that for every bridge opening, we spend anywhere from 5-15 minutes with our car engines burning gasoline as we wait for the bridge to reopen, so turn your car off.

The Procession of the Species on Friday will highlight the biodiversity of different ecosystems and the kids will dress as an animal or plant species from a selected ecosystem. We must maintain species diversification for plant and crop variety, for instance, or for survival of animal species threatened by environmental changes.

Please join us on Saturday! Workshops, fabulous food, animals and much more! Ya'll come!

-Ms. Pat



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Questions? Contact Julie Kulwicky timeflys1@earthlink.net

 For additional information
go to www.brightfuturesacademy.com

**FROZEN FRIDAYS ARE BACK AT LIGHTHOUSE!
POPSICLES ARE 50 CENTS EVERY FRIDAY!**

APRIL 2016

COLOR CODING

Blue– Days Off and Half Days

Purple– School Events

Green– EDU & Environmental Trips

Red– Board Meetings

Yellow– Special Days

National Keep America Beautiful & Garden Month

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|--|---|--|--|
| | | | | | 1 FSA EUROPE | 2 FSA NPB Heritage Day EUROPE |
| 3 | 4 FSA EUROPE | 5 FSA EUROPE | 6 FSA EUROPE | 7 FSA EUROPE | 8 FSA EUROPE | 9 |
| 10 | 11 FSA EUROPE | 12 FSA EUROPE | 13 FSA Thomas Jefferson B -day EUROPE | 14 FSA EUROPE | 15 FSA SPRING DANCE- EUROPE | 16 |
| 17 | 18 FSA Meatless Monday! EARTH WEEK | 19 FSA Reduce, Reuse & Recycle Tuesday! EARTH WEEK | 20 FSA Water Awareness Wednesday! EARTH WEEK | 21 FSA Power Down Thursday! National Kindergarten Day EARTH WEEK | 22 EARTH DAY! FSA Procession of the Species! EARTH WEEK | 23 EDU-GARDEN DAY FSA EARTH WEEK |
| 24 | 25 FSA EUROPE | 26 FSA BOARD MEETING K-4 Tie Dye Day National Audubon Day EUROPE | 27 FSA EUROPE | 28 FSA EUROPE | 29 FSA 5-8 Tie Dye Day Arbor Day EUROPE | 30 4th Grade Trip to St. Augustine |